



Wimborne & District Riding Club

President: Lady Cobham

www.wimborneridingclub.co.uk



CHARITY SPONSORED RIDE

SUNDAY 1ST OCTOBER 2017

In aid of

Friends of Forest Holme

Registered Charity No. 1038021

At MANOR FARM, GUSSAGE ST MICHAEL

(NO access through Gussage St Michael village, see inside schedule for directions)

By kind permission of Mr R Rowe

The ride will be approx. 10 miles

**There will also be a shorter ride of approx. 3½ miles,
suitable for lead reins**

ENTRY FEE: £6.00 in advance (£10.00 on the day)

Entry fee includes refreshments on your return

Rosettes to all participants on completion of the ride

Entries close Wednesday 27th September

Please enclose stamped SAE (minimum size A5) with your entry form
for your numbers and refreshment ticket to be sent to you

MINIMUM SPONSORSHIP: £10.00

All sponsor money is payable on the day of the ride

Event Organiser: Linda Skakich

Any queries to Linda Skakich, Robin Hill Cottage, Ashington Lane, Ashington,
Wimborne, Dorset, BH21 3DQ. Tel: 01202 848370

Contact number on day of ride only: 07448 408515

- ◆ Riders must ride in pairs or groups – no rider will be permitted to set off alone
- ◆ All riders will start between 9.30am & 11.15am. No rider will be permitted to start after 11.15am
- ◆ All children aged 12 years and under must be accompanied by an adult rider or adult attendant
- ◆ The rides will be clearly marked and maps will be given on the day.
- ◆ All road crossings will be marshalled

We would like to thank Dorset members of the Trail Riders Fellowship
for their kind assistance in marking the routes

Don't forget that your entry fee includes soup and a roll on your return!

DIRECTIONS TO MANOR FARM

There is direct access to Manor Farm from the Horton Inn to Thickthorn road, and you should avoid going through the village of Gussage St Michael.

◆ If approaching via B3078 Wimborne to Cranborne road, turn off at the Horton Inn (signposted to Moor Criche, Blandford, and Shaftesbury). Stay on this road for approx. 2½ miles, until just past the turning on the right towards Gussage St Michael (please do not take the turnings to either Gussage All Saints or Gussage St Michael) and the **sponsored ride starting from Manor Farm is signposted on the right hand side, through a large double gateway.**

◆ If approaching via the A354 Blandford to Salisbury road, take the turning at Thickthorn crossroads, signposted to Moor Criche & Horton, (opposite the Tollard Royal road). Continue for approx. ½ mile until you reach the signs to the **sponsored ride starting from Manor Farm on the left hand side.**

ABOUT OUR CHARITY...

Forest Holme is a purpose built specialist palliative care unit, which forms part of the Dorset Cancer Centre at Poole Hospital. The unit is situated a short distance from the main hospital and offers a tranquil setting for the care of patients and their families. It deals especially with the physical and psychological comfort of patients with complex needs and also provides support and advice to carers, family and friends.

Like any other part of the NHS, no charge is made for the services provided at Forest Holme. Forest Holme takes its name from the Victorian house that originally stood on the site. The unit was dedicated by the late Roy Castle OBE on 3rd July 1993 and was officially opened by the Lady Romsey on 9th January 1995.

Forest Holme provides:

- ◆ *Ten in-patient beds in a relaxed and non-clinical setting, to be used mostly for short admissions for symptom control, rehabilitation and family respite*
- ◆ *An office for community based support nurses (Macmillan nurses)*
- ◆ *Out-patient consultations – 3 clinics per week*
- ◆ *A base for staff to enable them to provide direct help to those in hospital with regard to control of pain and other symptoms and psychological support*
- ◆ *Counselling and support services for the bereaved, funded jointly with Cancer Relief Macmillan Fund*
- ◆ *An information service, so that patients and families can find out more about cancers and their treatment in language that they can understand*
- ◆ *Teaching facilities, so that we can pass on our experience to other staff in Poole Hospital & the community*
- ◆ *A landscaped garden for use by patients and visitors*



ENTRY FORM




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Please complete the entry form clearly in **BLOCK CAPITALS**
Please complete one entry form for **EACH** person taking part in the ride

NAME			
ADDRESS			
TEL. NO.			
MOBILE TEL. NO.			
EMERGENCY CONTACT TEL. NO. (for day of ride)			
	The emergency contact phone number is vital – if you have a mishap, we need to know who to contact!		
PREFERRED START TIME	9.30am – 10am		
	10am – 10.30am		
	10.30am – 11.15am		

Please send completed form, stamped SAE & entry fee to:
Linda Skakich, Robin Hill Cottage, Ashington Lane, Ashington,
Wimborne, Dorset, BH21 3DQ

